

**SRR & CVR GOVT. DEGREE COLLEGE (A) VIJAYAWADA**

**DEPARTMENT OF MICROBIOLOGY**



**Extension Lecture on Personal Hygiene**

**28<sup>th</sup> March 2022**

**SRR & CVR GOVERNMENT DEGREE COLLEGE (A) Vijayawada**  
**DEPARTMENT OF MICROBIOLOGY**

**AWARENESS PROGRAMME ON PERSONAL HYGIENE  
AND  
MEDICAL CAMP**  
**ON 28TH MARCH, 2022**

**DR.NOORI PARVEEN MBBS, FICM**  
Popularly known as Ten Rupees Doctor and  
Mother Theresa of Kadapa

Organized By : Dr.D.Jyothi, In-Charge, Department of Microbiology  
Dr.Kopuri Aruna, Department of Microbiology

**Dr. NOORI PARVEEN**

**SRR & CVR GOVT DEGREE COLLEGE (a), VIJAYAWADA**  
**DEPARTMENT OF MIVROBIOLOGY**

To  
The Principal  
SRR & CVR Govt. Degree College (A)  
Machavaram  
Vijayawada  
Andhra Pradesh

Respected Madam,


Sub: Department of Microbiology- Extension Lecture on Personal  
Hygiene and Health Camp - March 28<sup>th</sup> 2022- Permission –  
Request – Regarding.

I submit to inform that the department of Microbiology has been planned an **Extension Lecture on Personal Hygiene and Health Camp** for our college students by Dr Noori Parveen, MBBS & FICM, Young Indian Doctor Charges ten rupees to treat patients and popularly known as **Mother Theresa of Kadapah, Andhra Pradesh**. Personal hygiene is very important for protection of our health and helps to prevent the spread of communicable diseases. Hence I request you to permission may kindly be accorded to arrange an Extension lecture and Health Camp to be scheduled on 28<sup>th</sup> March 2022 at Sri Viswanadha Stayanarayana Kala Vedika of SRR & CVR Govt. Degree College (A), Vijayawada.

21.3.2022

Thanking you Madam,

Yours Sincerely

  
(Dr. K. ARUNA)  
L/Microbiology



## S.R.R. & C.V.R. GOVT. DEGREE COLLEGE

(Autonomous)

NAAC accredited with 'B+' Grade

Machavaram, VIJAYAWADA - 520 004, Krishna District.

Cell : 9848251236 Ph : 0866 2430060, Fax : 0866 2441092, www.srrcvr.ac.in srrandcivr@gmail.com



*Dr. K. Bhagya Lakshmi*, M.Sc. M.Phil Ph.D.  
Principal

Date .....

To

Dr Noori Parveen, MBBS & FICM

General Physician

Kadapah

Andhra Pradesh

Dear Madam

Sub: Department of Microbiology- Extension Lecture – Personal Hygiene  
– Health Camp– Request - Regarding.

I have the pleasure of inviting you Dr Noori Parveen, a Young Doctor and Social Activist in Andhra Pradesh has become a shining example of Serving Humanity to deliver an Extension Lecture on Personal **Hygiene and to conduct Health Camp** for our students who are in needful by the Department of Microbiology to be scheduled on 28<sup>th</sup> March 2022 at 10:30 AM. We request you to spare your services and look forward to your vibrant presence to inspire our young student aspirants to serve humanity.

Thanking you Madam,

Yours Sincerely

*Bhagya Lakshmi*  
21.3.2022

**PRINCIPAL**  
**SRR & CVR GOVT. DEGREE COLLEGE**  
(Autonomous)  
Machavaram, VIJAYAWADA - 520 004.



**SRR & CVR GOVT DEGREE COLLEGE  
(A) VIJAYAWADA**



**DEPARTMENT OF MICROBIOLOGY**  
**AWARENESS PROGRAM ON PERSONAL HYGIENE  
AND  
MEDICAL CAMP**

**28TH MARCH , 2022**

--- BY ---



**DR. NOORI PARVEEN MBBS , FICM**

Popularly known as **Ten Rupees Doctor** and  
**Mother Theresa of Kadapa**

--- VENUE ---

Sri viswanadha Satyanarayana Kala vedika ,  
**SRR & CVR Govt Degree College**  
**Vijayawada (A)**

--- ORGANIZED BY ---

**Dr.D.Jyothi**, In-charge, Department of Microbiology  
**Dr. Kopuri Aruna**, Department of Microbiology

**SRR & CVR Govt. Degree College (A), Vijayawada**  
**Department of Microbiology**

**Extension Lecture on Personal Hygiene and Medical Camp**  
**28/03/2022 – 10.30 AM**

**Venue: Sri Viswanadha Satyanaraya Kala Vedika**

**Programme Sheet**


- |                          |   |  |
|--------------------------|---|--|
| 1. Inviting the Guest    | - | Dr. Aruna Kopuri, Lecturer in Microbiology   |
| 2. Prayer                | - | Kum. J. Chandini Priya, III BSc MBC  |
| 3. Opening Remarks       | - | Dr. K. Bhagya Lakshmi, President<br>Principal, SRR & CVR Govt. Degree College (A)<br>Vijayawada              |
| 4. Introducing the Guest | - | Dr. Aruna Kopuri, Lecturer in Microbiology   |
| 5. Keynote Address       | - | Dr Noori Parveen, MBBS and FICM, General Physician,<br>Kadapa, Andhra Pradesh on “ <b>Personal Hygiene</b> ” |
| 6. Felicitation to       | - | Dr Noori Parveen, MBBS and FICM  |
| 7. Vote of Thanks        | - | Dr. D. Jyothi, In charge Dept of Microbiology  |
| 8. <b>Medical Camp</b>   | - | Dr Noori Parveen, MBBS and FICM & Her Team   |



# **SRR & CVR GOVT. DEGREE COLLEGE (A) Vijayawada**

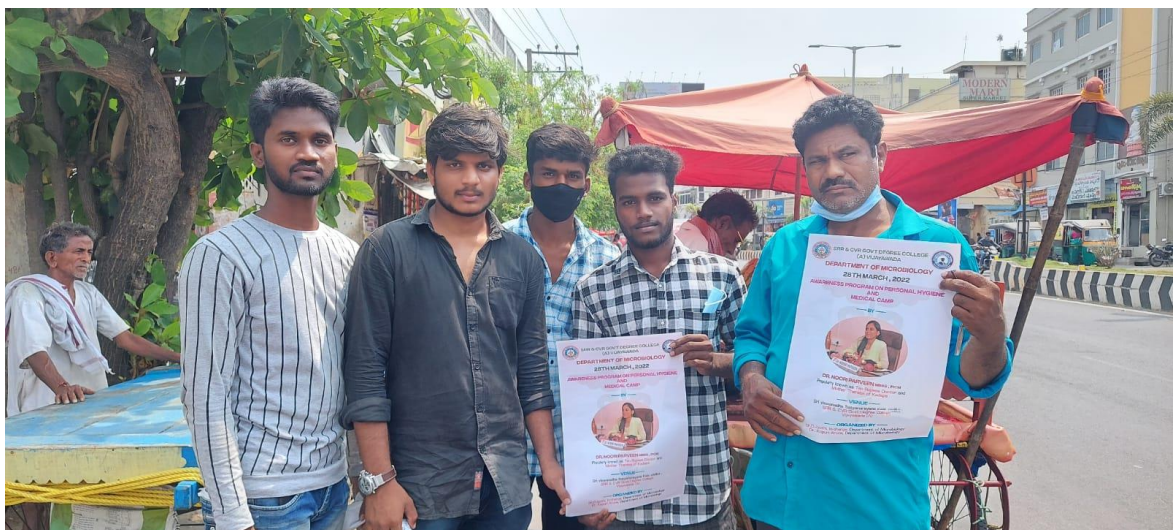
## **Department of Microbiology**

### **Activity Register 2021-2022**

Date	28-03-2022
Conducted through (DRC/JKC/ELF/NCC/NSS/Departments etc.)	<b>Department of Microbiology</b>
Nature of Activity(Seminar/Workshop/Extn. Lecture etc.,)	<b>Extension Lecture</b>
Title of the Activity	Extension Lecture on Personal Hygiene
Name of the Department/Committee	<b>Department of Microbiology</b>
No. of students participated	150 Students, Teaching and Non Teaching Staff
Brief Report on the activity	<p>The Department of Microbiology has Organized Extension Lecture on Personal Hygiene he with Dr Noori Parveen, MBBS &amp; FICM, Kadapa, popularly known as Mother Theresa of Kadapa. Dr Noori created awareness on personal hygiene to prevent the spread of contagious diseases. She noted that good personal hygiene involves keeping all parts of the external body clean and healthy. It is important for maintaining both physical and mental health. In people with poor personal hygiene, the body provides an ideal environment for germs to grow, leaving it vulnerable to infection. On a social level, people may avoid a person with poor personal hygiene, which may result in isolation and loneliness. All the participants got awarded on personal hygiene.</p>
Name of the Lecturers who Planned & conducted the activity	Dr .D .Jyothi and Dr. Kopuri Aruna
Signature of the In- Charge	
Signature of the Principal	



**RELEASING THE FLYER BY DR. K. BHAGYA LAKSHMI, PRINCIPAL, SRR & CVR GOVT. COLLEGE (A) VIJAYAWADA**



**CAMPAIGN BY III BSC MICROBIOLOGY**



**AWARENESS ON HEALTH & PERSONAL HYGIENE BY**

**DR NOORI PARVEEN, MBBS & FICM, KADAPA, POPULARLY KNOWN AS MOTHER THERESA OF KADAPA**

## Types of personal hygiene

**Dental:** Dental hygiene involves more than just having white teeth. A good dental hygiene routine can help prevent issues such as gum disease and cavities. It can also prevent bad breath.

**Body:** Several million sweat glands cover the human body. When bacteria break down sweat, the process creates a smell or body odor. Washing the body will help prevent skin irritation, as well as removing the bacteria that cause body odor. Washing the hair removes oil and keeps a person looking clean and fresh.

**Hand washing:** Regular hand washing is one of the best ways to avoid spreading communicable diseases.

The Centers for Disease Control and Prevention (CDC) Trusted Source recommend washing the hands at certain times:

- before, during, and after preparing food
- before eating food
- before and after looking after anyone who is vomiting or has diarrhea
- before and after treating a cut or wound
- after going to the bathroom
- after changing diapers or cleaning up a child who has used the toilet
- after blowing the nose, coughing, or sneezing
- after touching garbage or dirty surfaces or objects

## వ్యక్తిగత పరిశుభ్రత అవసరం

మాచవరం, న్యూస్టుడే : ప్రతి ఒక్కరూ వ్యక్తిగత పరిశుభ్రత అలవరచుకోవాలని కడపలో రూ. 10ల డాక్టర్ గా పేరొందిన నూరి పర్వీన్ సూచించారు. మాచవరం లోని ఎస్సార్ అండ్ సీవీఆర్ ప్రభుత్వ డిగ్రీ కళాశాల మైక్రోబయాలజీ విభాగం ఆధ్వర్యంలో సోమవారం 'వ్యక్తిగత పరిశుభ్రత' పై అవగాహన, ఉచిత వైద్య శిబిరానికి ఆమె ముఖ్యఅతిథిగా హాజరయ్యారు. ఈ సందర్భంగా ఆమె మాట్లాడుతూ.. దైనందిన జీవితంలో ఉత్సాహంగా ఉండాలంటే.. ప్రతి రోజూ ఉదయాన్నే అల్ప

హారం తీసుకోవాలన్నారు. వ్యక్తిగత పరిశుభ్రత పాటించాలని చెప్పారు. విజయం అనేది గమ్యం కాదని, అది ఒక ప్రయాణం వంటిదని, ప్రతి అపజయాన్ని గెలుపుకోసం ఒక మెట్టుగా తీసుకొని ఎదగాలన్నారు. ఉచిత వైద్య శిబిరాన్ని నిర్వహించి, విద్యార్థులు, అధ్యాపకులు, సిబ్బందికి పరీక్షలు చేసి, మందులు పంపిణీ చేశారు. ప్రిన్సిపల్ డాక్టర్ కె.భాగ్యలక్ష్మి అధ్యక్షత వహించారు. మైక్రోబయాలజీ విభాగం అధ్యక్షురాలు డాక్టర్ డి.జ్యోతి, అధ్యాపకులు పాల్గొన్నారు.



విద్యార్థిని పరీక్షించి మందులు రాస్తున్న డాక్టర్ నూరి పర్వీన్

## **ACKNOWLEDGEMENTS**

We express our deep sense of gratitude to Dr. K. Bhagya Lakshmi, Principal SRR & CVR Govt. Degree College Autonomous, and Vijayawada for her support and constant encouragement to upgrade the knowledge and skills of students.

We wish to express our sincere thanks to Dr Noori Parveen, MBBS & FICM, Kadapa, popularly known as Mother Theresa of Kadapa

D. Jyothi

PRINCIPAL



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*Dr. K. Bhagya Lakshmi*, M.Sc. M.Phil. Ph.D.  
Principal

Date .....

To  
**Dr Noori Parveen, MBBS & FICM**  
**General Physician**  
**Kadapah**  
**Andhra Pradesh**

**Dear Madam,**

In view of the **Awareness Programme on Personal Hygiene and Health Camp** conducted on 28<sup>th</sup> March 2022 by the Department of Microbiology, I, on behalf of my teaching and student fraternity, congratulate you for your outstanding presentation and inspired our young student aspirants to serve humanity. Your presentation raised health awareness among the students and provided free and high – quality medical services for needy students, staff and outsiders.

I specially thank you for spending your valuable time and knowledge to make Health Camp great success.

Thank you Madam.

*Dr. K. Bhagya Lakshmi*  
28.3.2022

**Dr. K. Bhagya Lakshmi**  
**Principal**



## Department of Microbiology

SRR & CVR Govt. Degree College (A), Vijayawada 28<sup>th</sup> March 2022

